

# Health in Maine: Race

The Maine Shared Community Health Needs Assessment (Maine Shared CHNA) highlights populations and geographies that experience disparate health and well-being outcomes due to social and institutional inequities. These disparities are documented through a community engagement process and the health equity data profiles.

For data in the health equity profiles, there are several factors currently limiting what is included:

- Not all data sources collect sufficient data elements for all populations of interest.
- Some populations and geographies in Maine are numerically small, resulting in data that is less reliable due to low numbers, unavailable due to suppression and/or privacy concerns, and/or missing entirely.
- Some health equity profiles may include fewer indicators than others and what appears in the County Data Profiles, given data availability, suppressed data rates, and what is and is not collected at the state and national level.
- Disparities are generally only analyzed at the state level for more reliable estimates with less suppression. However, this assumes disparities found at the state level have similar patterns for smaller geographical areas, which do not account for unique characteristics of population throughout the state.
- The data sets used by the Maine Share CHNA follow federal reporting guidelines for race, ethnicity, sexual orientation, and gender identity, which may not encompass nor resonate with everyone. Thus, some people may not see their identity in the health equity profiles.

Many data analyses group people who report they have two or more races into one category. This results in a grouping that is very diverse and with a range of lived experiences. In addition, the option of “other race,” if provided, is not always reported and is not presented in these tables. To try to account for some of these gaps and complement the quantitative data, the Maine Shared CHNA engaged in an extensive community engagement process. That process and the results are outlined in the Community Engagement Overviews. Additional information on data commitments, how data is selected, data limitations, and data sources and definitions can be found in the data profiles for each County.

## Population

(Maine 2022)

American Indian or  
Alaska Native  
25,539

Asian  
25,566

Black or African  
American  
35,473

Native Hawaiian or Other  
Pacific Islander  
1,459

Two or More Races  
72,552

White  
1,329,331

## How to Read This Document

The following symbols are used in the tables to note when data may be too small for statistical reliability and suppressed due to a small number of responses and when data is pending (available at a later date) or unavailable.

Symbols	
*	means results may be statistically unreliable due to small numbers, use caution when interpreting.
~	means suppressed data due to a small number of respondents.
^	means data is pending.
—	means data is unavailable.

## Health Indicators by Race

Indicator	Race						Maine
	American Indian or Alaskan Native	Asian	Black or African American	Native Hawaiian or Other Pacific Islander	Two or More Races	White	
<b>Demographics</b>							
Population (percent of total Maine population)	2022 0.5%	2022 1.2%	2022 1.6%	2022 0.0%	2022 5.2%	2022 90.8%	2022 100.0%
Veterans	2018-2022 0.5%	2018-2022 0.2%	2018-2022 0.9%	2018-2022 0.0%	2018-2022 3.1%	2018-2022 94.9%	2018-2022 9.0%
Gay, lesbian and bisexual (high school students)	—	—	—	—	—	—	2023 16.7%
Gay, lesbian and bisexual (adults)	2011-2015 & 2017-2021 5.3%	2011-2015 & 2017-2021 5.9%	2011-2015 & 2017-2021 7.0%	—	2011-2015 & 2017-2021 7.1%	2011-2015 & 2017-2021 4.2%	2011-2015 & 2017-2021 4.3%
Transgender youth (high school students)	—	—	—	—	—	—	2023 4.5%
Transgender adults	2017-2021 0.6%	2017-2021 3.4%	2017-2021 5.1%	—	2017-2021 1.9%	2017-2021 1.3%	2017-2021 1.4%
Persons with a disability	2018-2022 24.6%	2018-2022 11.8%	2018-2022 11.9%	2018-2022 18.0%	2018-2022 15.0%	2018-2022 15.9%	2018-2022 15.8%

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<b>Social Drivers of Health</b>							
Individuals living in poverty	2018-2022 19.7%	2018-2022 10.7%	2018-2022 24.2%	2018-2022 12.5%	2018-2022 14.7%	2018-2022 10.5%	2018-2022 10.9%
Median household income	2018-2022 \$61,365	2018-2022 \$81,581	2018-2022 \$54,996	2018-2022 \$103,629	2018-2022 \$59,540	2018-2022 \$70,228	2018-2022 \$68,251
High school student graduation	2020 72.2%	2020 94.8%	2020 83.1%	—	2020 82.0%	2020 87.8%	2020 87.4%
Housing insecure (high school students)	2023 9.3%	2023 6.2%	2023 8.7%	2023 24.1%	2023 7.7%	2023 2.0%	2023 2.6%
Adverse childhood experiences (high school students)	2023 42.9%	2023 14.9%	2023 22.2%	2023 36.4%	2023 40.5%	2023 26.4%	2023 26.7%
<b>General Health Status</b>							
Fair or poor health	2012-2021 31.2%	2012-2021 7.7%	2012-2021 12.8%	—	2012-2021 27.2%	2012-2021 15.5%	2012-2021 15.8%
14 or more days lost due to poor physical health	2012-2021 21.5%	2012-2021 5.3%	2012-2021 10.1%	—	2012-2021 20.5%	2012-2021 12.3%	2012-2021 12.5%
14 or more days lost due to poor mental health	2012-2021 27.5%	2012-2021 15.8%	2012-2021 17.4%	—	2012-2021 22.6%	2012-2021 12.6%	2012-2021 13.0%
Three or more chronic conditions	2012-2021 28.7%	2012-2021 2.6%	2012-2021 7.1%	—	2012-2021 23.8%	2012-2021 15.4%	2012-2021 15.5%
<b>Overall Mortality</b>							
Overall death rate per 100,000 population	2013-2022 947.9	2013-2022 337.8	2013-2022 602.2	2013-2022 552.7	2013-2022 524.8	2013-2022 786.1	2022 844.3
<b>Access</b>							
Uninsured	2018-2022 12.7%	2018-2022 7.8%	2018-2022 11.1%	2018-2022 14.2%	2018-2022 7.7%	2018-2022 7.0%	2018-2022 7.1%
MaineCare enrollment (all ages)	2023 59.6%	2023 24.8%	2023 86.6%	2023 48.6%	2023 15.2%	2023 23.0%	2023 27.3%
MaineCare enrollment (ages 0-19)	^	^	^	^	^	^	2023 49.6%
Usual primary care provider (adults)	2012-2021 78.5%	2012-2021 75.0%	2012-2021 74.6%	—	2012-2021 80.5%	2012-2021 88.0%	2012-2021 87.5%
Primary care visit to any primary care provider in the past year	2012-2021 68.9%	2012-2021 68.3%	2012-2021 73.4%	—	2012-2021 66.9%	2012-2021 74.6%	2012-2021 74.3%
Cost barriers to health care	2012-2021 21.0%	2012-2021 16.1%	2012-2021 22.3%	~	2012-2021 18.0%	2012-2021 10.1%	2012-2021 10.5%

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<b>Health Care Quality</b>							
Ambulatory care-sensitive condition hospitalizations per 10,000 population	2016-2021 <b>64.8</b>	2016-2021 <b>18.3</b>	2016-2021 <b>68.8</b>	2016-2021 <b>90.7</b>	—	2016-2021 <b>51.4</b>	2016-2021 <b>51.9</b>
Ambulatory care-sensitive condition emergency department rate per 10,000 population	^	^	^	^	^	^	^
<b>Cancer</b>							
All cancer deaths per 100,000 population	2014-2022 <b>186.1</b>	2014-2022 <b>69.8</b>	2014-2022 <b>127.1</b>	2014-2022 <b>581.9</b>	2014-2022 <b>79.4</b>	2014-2022 <b>165.6</b>	2014-2022 <b>164.6</b>
Colorectal cancer deaths per 100,000 population	2014-2022 <b>18.8</b>	2014-2022 <b>5.7</b>	2014-2022 <b>9.2</b>	2014-2022 <b>0.0</b>	2014-2022 <b>5.3</b>	2014-2022 <b>12.8</b>	2014-2022 <b>12.8</b>
Female breast cancer deaths per 100,000 population	2014-2022 <b>31.4</b>	2014-2022 <b>4.1</b>	2014-2022 <b>15.4</b>	2014-2022 <b>60.6</b>	2014-2022 <b>12.8</b>	2014-2022 <b>17.5</b>	2014-2022 <b>17.4</b>
Lung cancer deaths per 100,000 population	2014-2022 <b>59.5</b>	2014-2022 <b>9.4</b>	2014-2022 <b>27.9</b>	2014-2022 <b>155.8</b>	2014-2022 <b>11.9</b>	2014-2022 <b>43.5</b>	2014-2022 <b>43.1</b>
Prostate cancer deaths per 100,000 population	2014-2022 <b>15.3</b>	2014-2022 <b>3.2</b>	2014-2022 <b>19.0</b>	2014-2022 <b>43.1</b>	2014-2022 <b>7.6</b>	2014-2022 <b>20.0</b>	2014-2022 <b>19.8</b>
Tobacco-related cancer deaths per 100,000 population	2014-2022 <b>58.8</b>	2014-2022 <b>29.3</b>	2014-2022 <b>53.3</b>	2014-2022 <b>127.9</b>	2014-2022 <b>21.7</b>	2014-2022 <b>52.7</b>	2014-2022 <b>52.5</b>
All cancer new cases per 100,000 population	2012-2021 <b>435.3</b>	—	2012-2021 <b>341.1</b>	—	2014-2022 <b>477.4</b>	2012-2021 <b>477.4</b>	2012-2021 <b>478.4</b>
Bladder cancer new cases per 100,000 population	2012-2021 <b>15.0</b>	—	2012-2021 <b>12.2</b>	—	—	2012-2021 <b>27.1</b>	2012-2021 <b>26.9</b>
Colorectal cancer new cases per 100,000 population	2012-2021 <b>33.0</b>	—	2012-2021 <b>23.8</b>	—	—	2012-2021 <b>36.2</b>	2012-2021 <b>36.2</b>
Female breast cancer new cases per 100,000 population	2012-2021 <b>135.0</b>	—	2012-2021 <b>78.8</b>	—	—	2012-2021 <b>130.4</b>	2012-2021 <b>130.0</b>
Lung cancer new cases per 100,000 population	2012-2021 <b>93.4</b>	—	2012-2021 <b>37.3</b>	—	—	2012-2021 <b>70.7</b>	2012-2021 <b>70.5</b>
Melanoma skin cancer new cases per 100,000 population	2012-2021 <b>13.7</b>	—	2012-2021 <b>1.1</b>	—	—	2012-2021 <b>25.1</b>	2012-2021 <b>26.5</b>
Prostate cancer new cases per 100,000 population	2012-2021 <b>82.3</b>	—	2012-2021 <b>146.5</b>	—	—	2012-2021 <b>96.8</b>	2012-2021 <b>97.4</b>
Tobacco-related cancer (excluding lung cancer) new cases per 100,000 population	2012-2021 <b>122.9</b>	—	2012-2021 <b>103.8</b>	—	—	2012-2021 <b>135.7</b>	2012-2021 <b>135.6</b>
HPV-associated cancer new cases per 100,000 population	2012-2021 <b>9.5</b>	—	2012-2021 <b>6.4</b>	—	—	2012-2021 <b>13.9</b>	2012-2021 <b>13.8</b>
Obesity-associated cancer (excluding colon cancer) new cases per 100,000 population	2012-2021 <b>138.2</b>	—	2012-2021 <b>84.6</b>	—	—	2012-2021 <b>136.1</b>	2012-2021 <b>135.9</b>
Alcohol-associated new cancer cases per 100,000 population	2012-2021 <b>138.1</b>	—	2012-2021 <b>87.1</b>	—	—	2012-2021 <b>133.2</b>	2012-2021 <b>133.1</b>

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<b>Cancer (continued)</b>							
Colorectal late-stage new cases per 100,000 population	2012-2021 <b>13.4</b>	—	2012-2021 <b>11.5</b>	—	—	2012-2021 <b>20.4</b>	2012-2021 <b>20.3</b>
Female breast cancer late-stage new cases per 100,000 population	2012-2021 <b>41.0</b>	—	2012-2021 <b>32.1</b>	—	—	2012-2021 <b>39.2</b>	2012-2021 <b>39.2</b>
Lung cancer late-stage incidence per 100,000 population	2012-2021 <b>59.9</b>	—	2012-2021 <b>25.1</b>	—	—	2012-2021 <b>48.9</b>	2012-2021 <b>48.8</b>
Breast cancer screening up-to-date	—	—	—	—	—	2012, 2014, 2016, 2018 & 2020 <b>77.4%</b>	2012, 2014, 2016, 2018 & 2020 <b>82.3%</b>
Colorectal cancer screening up-to-date	—	—	—	—	—	2020 <b>81.5%</b>	2020 <b>81.2%</b>
Cervical cancer screening up-to-date	—	—	—	—	—	2012, 2014, 2016, 2018 & 2020 <b>84.0%</b>	2012, 2014, 2016, 2018 & 2020 <b>83.6%</b>
Lung cancer screening rate among eligible adults	—	—	—	—	—	2017-2021 <b>15.6%</b>	2017-2021 <b>15.8%</b>
<b>Cardiovascular Disease</b>							
Cardiovascular disease deaths per 100,000 population	2014-2022 <b>181.3</b>	2014-2022 <b>84.1</b>	2014-2022 <b>159.5</b>	2014-2022 <b>762.3</b>	2014-2022 <b>71.5</b>	2014-2022 <b>199.2</b>	2014-2022 <b>197.9</b>
Coronary heart disease deaths per 100,000 population	2014-2022 <b>77.9</b>	2014-2022 <b>36.2</b>	2014-2022 <b>37.9</b>	2014-2022 <b>145.6</b>	2014-2022 <b>25.0</b>	2014-2022 <b>82.0</b>	2014-2022 <b>81.3</b>
Heart attack deaths per 100,000 population	2014-2022 <b>33.9</b>	2014-2022 <b>11.9</b>	2014-2022 <b>14.9</b>	2014-2022 <b>42.9</b>	2014-2022 <b>11.3</b>	2014-2022 <b>25.5</b>	2014-2022 <b>25.3</b>
Stroke deaths per 100,000 population	2013-2022 <b>32.1</b>	2013-2022 <b>22.8</b>	2013-2022 <b>25.6</b>	2013-2022 <b>78.6</b>	2013-2022 <b>17.1</b>	2013-2022 <b>33.2</b>	^
High blood pressure hospitalizations per 10,000 population	2016-2021 <b>17.7</b>	2016-2021 <b>7.2</b>	2016-2021 <b>29.9</b>	2016-2021 <b>22.3</b>	—	2016-2021 <b>16.5</b>	2016-2021 <b>16.7</b>
Heart failure hospitalizations per 10,000 population	2016-2021 <b>6.7</b>	2016-2021 <b>3.4</b>	2016-2021 <b>6.0</b>	2016-2021 <b>3.2</b>	—	2016-2021 <b>7.7</b>	2016-2021 <b>7.7</b>
Heart attack hospitalizations per 10,000 population	2016-2021 <b>22.2</b>	2016-2021 <b>7.3</b>	2016-2021 <b>15.6</b>	2016-2021 <b>50.0</b>	—	2016-2021 <b>20.7</b>	2016-2021 <b>20.7</b>
Stroke hospitalizations per 10,000 population	2016-2021 <b>15.7</b>	2016-2021 <b>14.0</b>	2016-2021 <b>23.0</b>	2016-2021 <b>77.5</b>	—	2016-2021 <b>19.9</b>	2016-2021 <b>20.1</b>
High blood pressure	2011, 2013, 2015, 2017, 2019 & 2021 <b>34.9%</b>	~	2011, 2013, 2015, 2017, 2019 & 2021 <b>20.2%</b>	~	2011, 2013, 2015, 2017, 2019 & 2021 <b>36.0%</b>	2011, 2013, 2015, 2017, 2019 & 2021 <b>34.3%</b>	2011, 2013, 2015, 2017, 2019 & 2021 <b>34.1%</b>

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	American Indian or Alaska Native	Asian	Black or African American	Native Hawaiian or Other Pacific Islander	Two or More Races	White	
<b>Cardiovascular Disease (continued)</b>							
High cholesterol	2011, 2013, 2015, 2017 & 2019 <b>38.3%</b>	—	2011, 2013, 2015, 2017 & 2019 <b>29.5%</b>	—	2011, 2013, 2015, 2017 & 2019 <b>40.8%</b>	2011, 2013, 2015, 2017 & 2019 <b>38.4%</b>	2011, 2013, 2015, 2017 & 2019 <b>38.3%</b>
Cholesterol checked in past five years	2011, 2013, 2015, 2017 & 2019 <b>78.6%</b>	—	—	—	2011, 2013, 2015, 2017 & 2019 <b>81.6%</b>	2011, 2013, 2015, 2017 & 2019 <b>83.9%</b>	2011, 2013, 2015, 2017 & 2019 <b>83.5%</b>
<b>Diabetes</b>							
Diabetes	2012-2021 <b>15.6%</b>	2012-2021 <b>4.1%</b>	2012-2021 <b>4.8%</b>	2012-2021 <b>7.5%</b>	2012-2021 <b>12.5%</b>	2012-2021 <b>10.2%</b>	2012-2021 <b>10.2%</b>
Diabetes deaths (underlying cause) per 100,000 population	2014-2022 <b>45.3</b>	2014-2022 <b>13.8</b>	2014-2022 <b>37.1</b>	2014-2022 <b>110.6</b>	2014-2022 <b>8.2</b>	2014-2022 <b>23.6</b>	2014-2022 <b>23.8</b>
Diabetes hospitalizations (principal diagnosis) per 10,000 population	2016-2021 <b>21.5</b>	2016-2021 <b>2.9</b>	2016-2021 <b>31.2</b>	2016-2021 <b>6.3</b>	—	2016-2021 <b>12.7</b>	2016-2021 <b>12.9</b>
Diabetes emergency department rate (principal diagnosis) per 10,000 population	^	^	^	^	^	^	^
A1c test at least twice/year (adults with diabetes)	2012-2021 <b>80.5%</b>	—	—	—	—	2012-2021 <b>76.0%</b>	2012-2021 <b>75.8%</b>
Formal diabetes education (adults with diabetes)	—	—	—	—	—	2012-2021 <b>56.4%</b>	2012-2021 <b>56.4%</b>
Dilated eye exam annually (adults with diabetes)	—	—	—	—	—	2012-2021 <b>71.8%</b>	2012-2021 <b>71.3%</b>
<b>Respiratory Health</b>							
Current asthma (adults)	2012-2021 <b>19.1%</b>	2012-2021 <b>13.5%</b>	2012-2021 <b>10.8%</b>	—	2012-2021 <b>19.3%</b>	2012-2021 <b>11.5%</b>	2012-2021 <b>11.6%</b>
Current asthma (youth ages 0-17)	2012-2021 <b>15.8%</b>	2012-2021 <b>6.6%</b>	2012-2021 <b>11.5%</b>	—	2012-2021 <b>13.1%</b>	2012-2021 <b>8.2%</b>	2012-2021 <b>8.6%</b>
Chronic obstructive pulmonary disease (COPD)	2012-2021 <b>19.5%</b>	2012-2021 <b>1.0%</b>	2012-2021 <b>3.0%</b>	—	2012-2021 <b>14.2%</b>	2012-2021 <b>7.9%</b>	2012-2021 <b>8.1%</b>
Chronic lower respiratory disease deaths per 100,000 population	2013-2022 <b>71.4</b>	2013-2022 <b>6.9</b>	2013-2022 <b>15.9</b>	2013-2022 <b>0.0</b>	2013-2022 <b>14.8</b>	2013-2022 <b>46.6</b>	^
Asthma emergency department rate per 10,000 population	^	^	^	^	^	^	^
Chronic obstructive pulmonary disease hospitalizations per 10,000 population	2016-2021 <b>25.7</b>	2016-2021 <b>2.2</b>	2016-2021 <b>8.7</b>	2016-2021 <b>32.9</b>	~	2016-2021 <b>12.6</b>	2016-2021 <b>12.7</b>
Pneumonia hospitalizations per 10,000 population	2016-2021 <b>25.1</b>	2016-2021 <b>4.8</b>	2016-2021 <b>12.5</b>	2016-2021 <b>44.2</b>	—	2016-2021 <b>15.4</b>	2016-2021 <b>15.5</b>

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<b>Physical Activity, Nutrition and Weight</b>							
Obesity (adults)	2012-2021 35.5%	2012-2021 11.6%	2012-2021 29.4%	~	2012-2021 32.8%	2012-2021 30.0%	2012-2021 29.9%
Obesity (high school students)	2023 21.2%	2023 9.6%	2023 19.2%	2023 27.4%	2023 19.5%	2023 15.4%	2023 15.7%
Obesity (middle school students)	2023 27.3%	2023 11.2%	2023 18.6%	2023 22.6%	2023 15.9%	2023 15.9%	2023 16.0%
Overweight (adults)	2012-2021 33.0%	2012-2021 28.0%	2012-2021 34.4%	—	2012-2021 33.7%	2012-2021 35.4%	2012-2021 35.4%
Overweight (high school students)	2023 15.3%	2023 15.0%	2023 17.4%	2023 19.5%	2023 17.6%	2023 15.8%	2023 16.0%
Overweight (middle school students)	2023 20.5%	2023 16.4%	2023 19.0%	—	2023 17.7%	2023 16.1%	2023 16.3%
Sedentary lifestyle – no leisure-time physical activity in past month (adults)	2012-2021 29.2%	2012-2021 26.7%	2012-2021 33.5%	—	2012-2021 26.0%	2012-2021 23.2%	2012-2021 23.5%
Met aerobic physical activity recommendations (adults)	2011, 2013, 2015, 2017 & 2019 52.5%	—	2011, 2013, 2015, 2017 & 2019 38.9%	—	2011, 2013, 2015, 2017 & 2019 53.5%	2011, 2013, 2015, 2017 & 2019 54.0%	2011, 2013, 2015, 2017 & 2019 53.7%
Met physical activity recommendations (high school students)	2023 44.6%	2023 33.4%	2023 36.1%	2023 50.4%	2023 45.1%	2023 48.6%	2023 47.7%
Met physical activity recommendations (middle school students)	2023 48.6%	2023 41.2%	2023 44.2%	2023 50.7%	2023 51.3%	2023 50.7%	2023 50.2%
Fewer than two hours combined screen time (high school students)	2023 21.8%	2023 25.5%	2023 28.9%	2023 39.4%	2023 22.5%	2023 22.6%	2023 22.9%
Fewer than two hours combined screen time (middle school students)	2023 29.2%	2023 29.3%	2023 25.3%	2023 35.5%	2023 27.1%	2023 28.7%	2023 28.8%
Fruit consumption (adults reporting less than one serving per day)	2013, 2015, 2017, 2019 & 2021 41.0%	—	—	—	2013, 2015, 2017, 2019 & 2021 34.6%	2013, 2015, 2017, 2019 & 2021 33.9%	2013, 2015, 2017, 2019 & 2021 34.2%
Vegetable consumption (adults reporting less than one serving per day)	2013, 2015, 2017, 2019 & 2021 16.8%	—	2013, 2015, 2017, 2019 & 2021 22.3%	—	2013, 2015, 2017, 2019 & 2021 15.6%	2013, 2015, 2017, 2019 & 2021 14.6%	2013, 2015, 2017, 2019 & 2021 14.8%
Fruit and vegetable consumption (high school students reporting 5 or more a day)	2023 16.9%	2023 17.0%	2023 19.1%	2023 15.0%	2023 17.0%	2023 13.8%	2023 14.2%
Fruit and vegetable consumption (middle school students reporting 5 or more a day)	2023 18.4%	2023 28.2%	2023 24.8%	2023 30.1%	2023 20.1%	2023 18.5%	2023 18.9%
Soda/sports drink consumption (high school students reporting 1 or more a day)	2023 31.9%	2023 19.0%	2023 25.9%	2023 23.4%	2023 28.1%	2023 25.4%	2023 25.3%
Soda/sports drink consumption (middle school students reporting 1 or more a day)	2023 31.9%	2023 18.9%	2023 27.8%	2023 31.3%	2023 30.2%	2023 22.7%	2023 23.3%

Indicator	Race						Maine
	American Indian or Alaskan Native	Asian	Black or African American	Native Hawaiian or Other Pacific Islander	Two or More Races	White	
<b>Pregnancy and Birth Outcomes</b>							
Infant deaths per 1,000 live births	2018-2022 11.5	2018-2022 4.1	2018-2022 8.7	2018-2022 0.0	2018-2022 13.3	2018-2022 5.3	2018-2022 5.7
Low birth weight (<2500 grams)	2020-2022 10.5%	2020-2022 6.8%	2020-2022 8.9%	2020-2022 7.7%	2020-2022 7.0%	2020-2022 7.3%	2020-2022 7.7%
Pre-term live births	2020-2022 13.0%	2020-2022 7.0%	2020-2022 8.7%	2020-2022 7.7%	2020-2022 7.8%	2020-2022 9.2%	2020-2022 9.3%
Unintended births	2018-2022 38.6%	—	2018-2022 23.0%	—	2018-2022 13.0%	2018-2022 19.6%	2018-2022 19.9%
Births to 15-19 year olds per 1,000 population	2018-2022 13.3	2018-2022 1.7	2018-2022 10.4	2018-2022 27.0	2018-2022 11.6	2018-2022 9.2	2018-2022 9.4
Adequate prenatal care	2020-2022 77.0%	2020-2022 83.9%	2020-2022 65.9%	2020-2022 76.9%	2020-2022 77.1%	2020-2022 86.4%	2020-2022 84.7%
Smoked during pregnancy	2020-2022 27.6%	2020-2022 1.5%	2020-2022 2.8%	2020-2022 7.7%	2020-2022 18.3%	2020-2022 11.1%	2020-2022 9.9%
Drank alcohol during pregnancy	2018-2022 23.8%	—	2018-2022 8.3%	—	2018-2022 7.9%	2018-2022 10.1%	2018-2022 10.0%
Infants who are ever breast fed	2020-2022 70.4%	2020-2022 91.7%	2020-2022 87.3%	2020-2022 100.0%	2020-2022 85.4%	2020-2022 87.6%	2020-2022 87.5%
C-sections among low-risk first births	2020-2022 32.6%	2020-2022 23.8%	2020-2022 36.8%	2020-2022 40.0%	2020-2022 24.4%	2020-2022 23.9%	2020-2022 24.8%
<b>Children with Special Health Care Needs</b>							
Developmental screening for MaineCare members	^	^	^	^	^	^	2023 26.9%
<b>Cognitive Health</b>							
Cognitive decline	2012, 2016, 2018 & 2020 16.0%	~	~	~	2012, 2016, 2018 & 2020 23.9%	2012, 2016, 2018 & 2020 10.5%	2012, 2016, 2018 & 2020 10.7%
Caregiving at least 20 hours per week	2015, 2017, 2019 & 2021 5.8%	—	2015, 2017, 2019 & 2021 6.4%	—	2015, 2017, 2019 & 2021 6.6%	2015, 2017, 2019 & 2021 5.0%	2015, 2017, 2019 & 2021 5.0%
<b>Arthritis</b>							
Arthritis	2012-2021 41.6%	2012-2021 10.7%	2012-2021 9.4%	~	2012-2021 38.8%	2012-2021 31.3%	2012-2021 31.2%
<b>Environmental Health</b>							
Adults living in households with private wells tested for arsenic	—	—	—	—	—	—	2016-2019 & 2021 52.7%
Adults living in households tested for radon	2016-2019 & 2021 33.1%	—	—	—	2016-2019 & 2021 31.2%	2016-2019 & 2021 33.0%	2016-2019 & 2021 33.0%
<b>Immunizations</b>							
Influenza vaccination in the past year (adults)	2012-2021 34.3%	2012-2021 47.4%	2012-2021 33.9%	~	2012-2021 33.5%	2012-2021 44.1%	2012-2021 43.8%
Pneumococcal pneumonia vaccination (adults ages 65+)	2012-2021 75.1%	~	~	~	2012-2021 76.8%	2012-2021 75.1%	2012-2021 74.9%



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<b>Infectious Disease</b>							
Lyme disease new cases per 100,000 population	2020 <b>0.0</b>	—	2020 <b>17.6</b>	—	2020 <b>0.0</b>	2020 <b>62.9</b>	2020 <b>83.8</b>
Gastrointestinal disease new cases per 100,000 population	2020 <b>10.2</b>	—	2020 <b>4.4</b>	—	2020 <b>44.8</b>	2020 <b>30.6</b>	2020 <b>33.5</b>
Hepatitis A (acute) new cases per 100,000 population	2020 <b>41.0</b>	—	2020 <b>4.4</b>	—	2020 <b>20.4</b>	2020 <b>10.3</b>	2020 <b>10.8</b>
Hepatitis B (acute) new cases per 100,000 population	2020 <b>10.2</b>	—	2020 <b>0.0</b>	—	2020 <b>4.1</b>	2020 <b>3.0</b>	2020 <b>3.0</b>
Hepatitis B (chronic) new cases per 100,000 population	2020 <b>10.2</b>	—	2020 <b>141.0</b>	—	2020 <b>16.3</b>	2020 <b>5.5</b>	2020 <b>9.2</b>
Hepatitis C (acute) new cases per 100,000 population	2020 <b>30.7</b>	—	2020 <b>17.6</b>	—	2020 <b>20.4</b>	2020 <b>14.4</b>	2020 <b>15.3</b>
Hepatitis C (chronic) new cases per 100,000 population	2020 <b>92.1</b>	—	2020 <b>92.5</b>	—	2020 <b>138.5</b>	2020 <b>73.3</b>	2020 <b>105.3</b>
Pertussis new cases per 100,000 population	2020 <b>0.0</b>	—	2020 <b>0.0</b>	—	2020 <b>0.0</b>	2020 <b>1.9</b>	2020 <b>2.2</b>
Tuberculosis new cases per 100,000 population	2020 <b>0.0</b>	—	2020 <b>22.0</b>	—	2020 <b>0.0</b>	2020 <b>0.5</b>	2020 <b>1.3</b>
Chlamydia new cases per 100,000 population	2020 <b>184.3</b>	—	2020 <b>806.5</b>	—	2020 <b>57.0</b>	2020 <b>148.4</b>	2020 <b>257.8</b>
Gonorrhea new cases per 100,000 population	2020 <b>10.2</b>	—	2020 <b>379.0</b>	—	2020 <b>65.2</b>	2020 <b>29.5</b>	2020 <b>38.7</b>
HIV new cases per 100,000 population	2020 <b>0.0</b>	—	2020 <b>13.2</b>	—	2020 <b>0.0</b>	2020 <b>1.0</b>	2020 <b>1.2</b>
Syphilis new cases per 100,000 population	2020 <b>0.0</b>	—	2020 <b>17.6</b>	—	2020 <b>12.2</b>	2020 <b>3.8</b>	2020 <b>4.9</b>
COVID deaths (any of multiple causes) per 100,000/year	^	^	^	^	^	^	^
COVID hospital admissions per 100,000/year	^	^	^	^	^	^	^

Indicator	Race						Maine
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<b>Unintentional Injury</b>							
Injury deaths per 100,000 population	2014-2022 <b>170.3</b>	2014-2022 <b>32.2</b>	2014-2022 <b>89.2</b>	2014-2022 <b>220.0</b>	2014-2022 <b>40.5</b>	2014-2022 <b>89.8</b>	2014-2022 <b>89.5</b>
Fall-related deaths (unintentional) per 100,000 population	2014-2022 <b>14.9</b>	2014-2022 <b>7.8</b>	2014-2022 <b>5.7</b>	2014-2022 <b>0.0</b>	2014-2022 <b>2.8</b>	2014-2022 <b>14.8</b>	2014-2022 <b>14.7</b>
Poisoning deaths (unintentional and undetermined intent) per 100,000 population	2014-2022 <b>79.1</b>	2014-2022 <b>5.9</b>	2014-2022 <b>38.1</b>	2014-2022 <b>83.8</b>	2014-2022 <b>16.1</b>	2014-2022 <b>33.7</b>	2014-2022 <b>33.5</b>
Motor vehicle traffic crash (unintentional) deaths per 100,000 population	2014-2022 <b>21.6</b>	2014-2022 <b>4.6</b>	2014-2022 <b>10.0</b>	2014-2022 <b>18.5</b>	2014-2022 <b>5.2</b>	2014-2022 <b>11.7</b>	2014-2022 <b>11.5</b>
Fall-related injury (unintentional) emergency department rate per 10,000 population	^	^	^	^	^	^	^
Traumatic brain injury emergency department rate per 10,000 population	^	^	^	^	^	^	^
Always wear seatbelt (high school students)	2023 <b>47.9%</b>	2023 <b>50.1%</b>	2023 <b>56.9%</b>	2023 <b>76.9%</b>	2023 <b>62.3%</b>	2023 <b>71.7%</b>	2023 <b>70.0%</b>
Always wear seatbelt (middle school students)	2023 <b>63.2%</b>	2023 <b>54.5%</b>	2023 <b>63.3%</b>	2023 <b>56.1%</b>	2023 <b>69.1%</b>	2023 <b>77.0%</b>	2023 <b>75.6%</b>
<b>Intentional Injury</b>							
Suicide deaths per 100,000 population	2014-2022 <b>29.4</b>	2014-2022 <b>7.0</b>	2014-2022 <b>11.9</b>	2014-2022 <b>117.8</b>	2014-2022 <b>8.1</b>	2014-2022 <b>17.7</b>	2014-2022 <b>17.5</b>
Firearm deaths per 100,000 population	2014-2022 <b>14.4</b>	2014-2022 <b>2.9</b>	2014-2022 <b>10.2</b>	2014-2022 <b>38.9</b>	2014-2022 <b>4.2</b>	2014-2022 <b>10.8</b>	2014-2022 <b>10.7</b>
Intentional self-injury (high school students)	2023 <b>31.2%</b>	2023 <b>19.9%</b>	2023 <b>15.8%</b>	2023 <b>30.6%</b>	2023 <b>29.9%</b>	2023 <b>22.8%</b>	2023 <b>22.9%</b>
Intentional self-injury (middle school students)	2023 <b>34.9%</b>	2023 <b>21.5%</b>	2023 <b>18.2%</b>	2023 <b>21.9%</b>	2023 <b>30.7%</b>	2023 <b>23.3%</b>	2023 <b>23.6%</b>
Bullied on school property (high school students)	2023 <b>31.8%</b>	2023 <b>16.6%</b>	2023 <b>15.2%</b>	2023 <b>38.5%</b>	2023 <b>27.9%</b>	2023 <b>21.9%</b>	2023 <b>21.9%</b>
Bullied on school property (middle school students)	2023 <b>61.2%</b>	2023 <b>39.7%</b>	2023 <b>40.9%</b>	2023 <b>56.6%</b>	2023 <b>56.1%</b>	2023 <b>48.4%</b>	2023 <b>48.6%</b>
Electronic bullying (high school students)	2023 <b>29.4%</b>	2023 <b>15.3%</b>	2023 <b>14.4%</b>	2023 <b>37.7%</b>	2023 <b>24.9%</b>	2023 <b>20.0%</b>	2023 <b>20.0%</b>
Electronic bullying (middle school students)	2023 <b>47.6%</b>	2023 <b>33.1%</b>	2023 <b>28.2%</b>	2023 <b>32.7%</b>	2023 <b>46.0%</b>	2023 <b>34.7%</b>	2023 <b>35.1%</b>

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<b>Mental Health</b>							
Depression, current symptoms (adults)	2012-2021 21.6%	2012-2021 12.3%	2012-2021 15.6%	—	2012-2021 19.8%	2012-2021 9.5%	2012-2021 9.9%
Depression, lifetime	2012-2021 33.7%	2012-2021 18.2%	2012-2021 17.2%	—	2012-2021 35.8%	2012-2021 23.1%	2012-2021 23.3%
Sad/hopeless for two weeks in a row (high school students)	2023 48.4%	2023 31.9%	2023 31.0%	2023 44.6%	2023 45.0%	2023 34.7%	2019 35.0%
Sad/hopeless for two weeks in a row (middle school students)	2023 42.8%	2023 33.2%	2023 32.1%	2023 28.1%	2023 39.6%	2023 32.3%	2023 32.7%
Anxiety, lifetime	2012-2021 35.0%	2012-2021 16.2%	2012-2021 14.0%	—	2012-2021 34.1%	2012-2021 21.6%	2012-2021 21.8%
Seriously considered suicide (high school students)	2023 24.1%	2023 17.5%	2023 16.1%	2023 32.3%	2023 26.7%	2023 17.4%	2023 17.8%
Seriously considered suicide (middle school students)	2023 35.4%	2023 25.7%	2023 22.1%	2023 19.4%	2023 30.7%	2023 21.1%	2023 21.8%
Mental health emergency department rate per 10,000 population	2016-2021 206.2	2016-2021 72.4	2016-2021 238.4	2016-2021 269.4	—	2016-2021 165.6	2016-2021 167.6
Currently receiving outpatient mental health treatment (adults)	2012-2021 23.7%	2012-2021 12.2%	2012-2021 11.7%	—	2012-2021 25.2%	2012-2021 18.5%	2012-2021 18.6%
<b>Oral Health</b>							
Tooth loss (adults)	2012, 2014, 2016, 2018 & 2020 36.6%	2012, 2014, 2016, 2018 & 2020 5.7%	2012, 2014, 2016, 2018 & 2020 5.2%	—	2012, 2014, 2016, 2018 & 2020 23.8%	2012, 2014, 2016, 2018 & 2020 19.5%	2012, 2014, 2016, 2018 & 2020 19.5%
Ambulatory care sensitive dental emergency department rates for adults per 10,000 population	^	^	^	^	^	^	^
Ambulatory care sensitive dental emergency department rates for children per 10,000 population	^	^	^	^	^	^	^
<b>Substance Use</b>							
Overdose deaths per 100,000 population	2020 115.6	~	2020 86.6	~	~	2020 37.7	2020 37.3
Drug-induced deaths per 100,000 population	2013-2022 78.6	2013-2022 6.3	2013-2022 37.3	2013-2022 32.6	2013-2022 28.5	2013-2022 32.3	^
Alcohol-induced deaths per 100,000 population	2013-2022 27.9	2013-2022 5.5	2013-2022 10.9	2013-2022 0.0	2013-2022 12.7	2013-2022 13.0	^
Chronic heavy drinking (adults)	2011-2021 6.4%	2011-2021 5.4%	2011-2021 6.0%	—	2011-2021 6.3%	2011-2021 8.0%	2011-2021 8.0%
Past-30-day alcohol use (high school students)	2023 24.9%	2023 13.3%	2023 10.2%	2023 34.8%	2023 24.7%	2023 20.9%	2023 20.5%
Past-30-day alcohol use (middle school students)	2023 12.1%	2023 6.6%	2023 4.1%	~	2023 8.1%	2023 4.5%	2023 4.8%

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<b>Substance Use (continued)</b>							
Binge drinking (adults)	2012-2021 17.4%	2012-2021 16.3%	2012-2021 17.4%	—	2012-2021 17.6%	2012-2021 16.9%	2012-2021 16.9%
Binge drinking (high school students)	2023 44.0%	2023 38.0%	2023 43.6%	2023 46.5%	2023 42.0%	2023 35.3%	2023 9.6%
Binge drinking (middle school students)	2023 5.0%	2023 3.9%	2023 1.9%	~	2023 4.5%	2023 1.6%	2023 1.8%
Past-30-day marijuana use (adults)	2011-2021 22.2%	2011-2021 18.9%	2011-2021 18.8%	—	2011-2021 24.6%	2011-2021 13.2%	2011-2021 13.6%
Past-30-day marijuana use (high school students)	2023 29.9%	2023 8.6%	2023 12.8%	2023 34.6%	2023 26.7%	2023 18.7%	2023 18.7%
Past-30-day marijuana use (middle school students)	2023 10.7%	2023 5.6%	2023 5.4%	2023 8.6%	2023 8.8%	2023 4.7%	2023 5.0%
Past-30-day misuse of prescription drugs (adult)	2011-2021 1.2%	2011-2021 3.0%	2011-2021 5.6%	—	2011-2021 1.7%	2011-2021 0.8%	^
Past-30-day misuse of prescription drugs (high school students)	2023 11.9%	2023 7.0%	2023 6.7%	2023 21.1%	2023 10.6%	2023 4.8%	2023 5.2%
Past-30-day misuse of prescription drugs (middle school students)	2023 7.7%	2023 10.4%	2023 6.2%	~	2023 8.9%	2023 4.5%	2023 4.9%
Opiate poisoning hospitalizations per 10,000 population	2016-2021 2.1	2016-2021 0.1	2016-2021 1.2	2016-2021 0.0	—	2016-2021 1.3	2016-2021 1.3
<b>Tobacco Use</b>							
Current cigarette smoking (adults)	2012-2021 38.4%	2012-2021 10.9%	2012-2021 18.4%	~	2012-2021 23.6%	2012-2021 18.0%	2012-2021 18.4%
Past-30-day cigarette smoking (high school students)	2023 12.8%	2023 7.7%	2023 5.4%	2023 20.4%	2023 10.2%	2023 5.2%	2023 5.6%
Past-30-day cigarette smoking (middle school students)	2023 4.2%	2023 6.9%	2023 2.7%	~	2023 5.1%	2023 1.8%	2023 2.0%
Past-30-day tobacco use (high school students)	2023 17.1%	2023 10.9%	2023 9.2%	2023 23.6%	2023 11.5%	2023 7.2%	2023 7.6%
Past-30-day tobacco use (middle school students)	2023 5.3%	2023 8.0%	2023 5.0%	~	2023 8.8%	2023 2.6%	2023 3.1%
Current E-cigarette use (adults)	2015-2021 6.8%	2015-2021 9.2%	2015-2021 9.7%	—	2015-2021 10.4%	2015-2021 4.3%	2015-2021 4.5%
Past-30-day use of vaping products (high school students)	2023 28.5%	2023 9.0%	2023 10.4%	2023 29.2%	2023 21.8%	2023 15.5%	2023 15.6%
Past-30-day use of vaping products (middle school students)	2023 12.9%	2023 7.5%	2023 7.1%	2023 16.3%	2023 9.5%	2023 5.3%	2023 5.7%

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<b>Tobacco Use (Continued)</b>							
Environmental tobacco smoke exposure (high school students)	2023 <b>30.7%</b>	2023 <b>14.5%</b>	2023 <b>14.8%</b>	2023 <b>31.0%</b>	2023 <b>27.7%</b>	2023 <b>19.1%</b>	2023 <b>19.3%</b>
Environmental tobacco smoke exposure (middle school students)	2023 <b>33.8%</b>	2023 <b>24.3%</b>	2023 <b>16.0%</b>	2023 <b>29.6%</b>	2023 <b>26.5%</b>	2023 <b>19.5%</b>	2023 <b>19.9%</b>
Maine QuitLink users	2023 <b>0.7%</b>	—	2023 <b>2.1%</b>	—	—	2023 <b>1.6%</b>	2023 <b>2.2%</b>

The Maine Shared Community Health Needs Assessment (Maine Shared CHNA) is a collaborative partnership between Central Maine Healthcare, Northern Light Health, MaineGeneral Health, MaineHealth, the Maine Center for Disease Control and Prevention, and the Maine Community Action Partnership. By engaging and learning from people and communities and through data analysis, the partnership aims to improve the health and well-being of all people living in Maine. This is the fifth collaborative Maine Shared CHNA.

**The mission of the Maine Shared CHNA is to:**

- Create shared CHNA reports,
- Engage and activate communities, and
- Support data-driven improvements in health and well-being for all people living in Maine.

These data profiles, as well as additional information and data, can be found online at the Maine Shared CHNA’s website – [www.mainechna.org](http://www.mainechna.org).

